



Twelve mills located throughout the country give prompt delivery and national distribution.

Many offices conveniently situated to serve practically the entire country.

Annual capacity over 12,000,000 barrels.

It is a good plan to have several sacks of Lehigh always on hand for use about the place.

Ask your dealer for Lehigh Cement

**G. H. STROTHER, Agent**  
**MT. STERLING, KENTUCKY**  
**Concrete for Permanence**



Member of Portland Cement Association

The merchant who advocates trading at home should set the example by having his printing done at home—which a few of them forget to remember.

#### Bicycle for Sale Quick.

Bicycle in first class repair. Will sell cheap. Apply at this office. 31f

Don't brag on what you are going to do, young fellow. Go to the hen, consider her ways and be wise. She withholds cackling until she has produced her egg.

\$3.00 Pumps and Oxfords cut to \$2.45. (51-1f)

The Brunner Shoe Co.

The Advocate for printing.

You haven't time to find fault with the world, Brethren, for no matter how you cry, the world won't turn around to look at you.

Cooked and minced ham for a cold lunch at Vanarsdell's.

Wives and Circuses are a lot alike. Mighty few of them live up to their advance notices.

#### The Advocate for printing.

Watermelons on ice every day at Vanarsdell's.

The man who goes through life looking for an opportunity to kill two birds with one stone usually misses both.

## DEATHS IN MONTGOMERY DURING 1916

It will be the policy of the Bureau of Vital Statistics to furnish the vital statistics by months as early as they can be tabulated in the State office, in order to enable the health officers and the people to know the exact spot where preventable diseases are reaping their richest harvest and to guard against the invasion of such diseases by advance knowledge of the occurrence in adjacent territory.

In the case of typhoid fever, dysentery, or other water-borne diseases, the knowledge that such diseases have occurred higher up upon the water shed which drains into a county may be the means for the health officer and people to use such measures of precaution as will be necessary to purify the water supply and protect them against these infections.

It will be noticed that the deaths from preventable diseases are responsible for nearly half of the total number of deaths and if the knowledge concerning the prevention of these diseases were practically applied these citizens of the county could be saved and the large amount of money uselessly paid to physicians, druggists and nurses, and that for the time lost from work during illness could be saved by the proper kind of preventive measures.

### COUNTY OF MONTGOMERY

	Jan.	Feb.	Mar.	Apr.
All deaths	21	21	18	10
Age one year and under	4	7	2	0
Age 1 to 5 years	1	1	0	0
Age 65 years and over	9	6	6	1
Tuberculosis of lungs	2	1	1	1
Other tuberculosis	1	1	1	0
Pneumonia-broncho-pneumonia	5	3	1	0
Whooping cough	0	0	0	0
Diphtheria-croup	1	1	0	0
Meningitis other than tubercular	0	0	0	0
Scarlet fever	0	0	0	0
Measles	0	0	0	0
Typhoid fever	0	1	0	0
Dysentery and diarrhoea (over 2 years)	0	0	0	0
Hookworm disease	0	0	0	0
Influenza	2	0	0	0
Cancer	0	0	2	3
Puerperal septicemia	0	0	0	0
Violence	0	1	1	2
Pellagra	0	0	0	0
Small pox	0	0	0	0
Preventable diseases	11	7	3	1
Preventable diseases (under 65 years)	6	4	2	1
Total births	34	26	31	18

### CLIPPINGS FROM THE SNAGTOWN TORCHLIGHT

Saturday night Leonard Sisley stood in front of the Doodadde home waiting for Miss Queen, who had promised to elope with him to elude the watchful eye of her parents. Mutely he stood, dreaming of his love and oblivious to everything about him. As he stood thus McGehee Williams, who had some business with Mr. Doodadde, rode up on his swallow-tail mule and, in the darkness, mistaking Leonard for a hitching post, fastened his mule to him securely. Anticipating the joys that awaited him, Leonard finally gave voice to his sentiments. "I feel," he said, "as though I had been transplanted on billows of joy to fairy lands elysian." Which so astounded the mule that Leonard was transported over about four miles of stony road in a rather hasty manner.

Miss Queen Doodadde says she can't throw out her dish water without pouring it on Jimmie McManus.

L. H. Stevens, our special war correspondent at the front, reports that he has witnessed remarkable scenes, which he cannot describe, at a place which unfortunately he is unable to remember. Read the Torchlight and get the news red hot!

Some people who owe us for subscription are in Europe and can't get enough to pay us. War is sure hell! For the worst of it is when they finally succeeded in reaching home they'll have a better excuse than ever for not paying.

A mass meeting was held Saturday night to get the voice of the people on the question of whether or not the roof on the Pumpkin Ridge school house should be patched.

ed, J. F. Cross presided at the meeting and when he asked that all in favor of it raise their hands, George Bean was so heartily in favor of it that he raised his umbrella.

Ralph Lynch has improved the inside of his home by installing a looking glass. He is taking a course of medicine and will use the glass to watch himself to see if the medicine is doing him any good.

Ed. C. Harvey, another tourist, arrived Thursday and asked for accommodation at the Bull Frog Inn Place. He was told the house was overcrowded, but they would try to find some place for him to roost. That evening Miss Margaret Isley's canary escaped and hid among the trees in the yard. All of the boarders came out to help hunt it, walking back and forth across the yard, ducking under the low branches and peering into the trees after the manner of fowls about to fly up to roost. Mr. Harvey watched their antics for a while, not knowing what they were about; then called for his grip. He said it might be alright for other people to roost in trees, but he couldn't do it; couldn't when he was a boy.

All \$6.00 Washable Kid Colonials cut to \$4.95. (51-1f)

The Brunner Shoe Co.

That man Villa is the most accommodating cuss on earth. Just when the daily press is short on material for scare heads he bobs up serenely and supplies the needful for more thrillers.

Full and complete line of men's sox, suspenders, and handkerchiefs at The Brunner Shoe Co. (51-1f)

The Advocate for printing.

## SYSTEMATIZE

Your household expenses by opening a bank account for your wife. Give her a check book and teach her the use of it. Pay the butcher, the grocer, the baker, with a check. Then at the end of the month you'll find out just how much it costs you to run the home. When payment by check is made there never is any doubt as to whether or not a bill is paid. The check is a receipt.

Besides, a checking account will give your wife a business education. The number of ordinarily bright women who know absolutely nothing of banking is surprising. If you are a husband, father, brother, you cannot tell when death may overtake you, and it is well that your wife, daughter and sister know something of banking.

Make Up Your Mind Today To Give Your Wife a Check Book

## Exchange Bank of Kentucky

MT. STERLING, KENTUCKY  
H. R. PREWITT, President - B. FRANK PERRY, Cashier

### QUALITY BRINGS QUANTITY

When you employ a man to drive your team on the farm you do not select a weakling who would stagger under a fifty-pound weight. You want a man.

When you want a horse for speed and endurance you would not pick up a sway backed, string halted and spavined plug. If you did you would live and die in the shadow of the same spot.

Then why should not the same far sighted sagacity be applied to the selection of your dairy stock?

Too many people are content to buy dairy stock of inferior breed and trust to quantity to produce the financial returns. Their expectations are seldom realized.

Quantity is quantity, but it is quality that brings the price. Quantity, in fact, is one of the underlying results of quality, and the man who keeps up the quality invariably reaps the reward of both quality and quantity.

There is no economy, no spirit of thrift, in buying cheap dairy stock, for a cheap cow, like everything else cheap, is just simply cheap.

It is the essence of wisdom to get good stock and keep up the breed. The quantity of milk will

be greater, the quality will be higher, and the financial returns will be larger.

Quality brings quantity, in dairying as well as in all other lines of business.

### Rooms for Rent.

Rooms on North Sycamore street. Apply to John W. Jones. (50-1f)

There comes a time in the life of most men when they see their own imperfections more vividly than others can see them. It is then that they are on the way to becoming better men of nobler deeds.

### House for Rent

Two story house, nice garden and yard on North Maysville St. Apply to John W. Jones. (41-1f)

Another liar we all hate is the man who announces that he doesn't care anything about the Money, but it is the Principle of the thing that he is kicking about.

All the World's a Stage, but the fellow who has to shift for himself isn't necessarily a Scene Shifter.

A Fool is to the devil like a rabbit to a hunter. When he gets his ear he soon gets his hide.



## Avoids Breakfast Cooking

New Post Toasties are ready to eat direct from the package. They have a fine flavour—self-developed by a new patented process. It's the rare, true flavour of prime, white Indian corn itself, and these New Toasties are the first corn flakes that do not depend on cream and sugar for palatability.

The proof of this superior flavour is found by eating some from the package dry. They're deliciously good that way, but of course are usually served with cream or good milk.

Examine the New Post Toasties flakes. The quick, fierce heat of the new process of manufacture, not only raises the distinguishing little bubbles on each flake, but gives a body and firmness that makes the New Toasties a more substantial food than ordinary "corn flakes."

New Post Toasties do not "chaff" or crumble in the package, and they don't mush down when cream is added. They come to you untouched by hand, and in moisture-proof packages that preserve their delightful oven-crispness until served at your table.

Well worth trying—these

## New Post Toasties

Sold by Grocers everywhere.

**BOURBON HOG CHOLERA REMEDY**  
Prevents and Cures  
**CHOLERA, WORMS, COUGH, THUMPS.**  
It destroys disease germs, regulates the bowels, aids digestion and causes hogs to fatten quickly. Use it in the feed and drink and your hogs will never have cholera. Costs only 2c. a month for each hog. Don't wait until they get sick. Begin giving your hogs this medicine now and keep them free from worms and disease. At All Druggists.  
**BOURBON REMEDY COMPANY, Lexington, Ky.**  
Sold in Mt. Sterling by Bassett Drug Co.



**AWAY** up in the mountains of Western North Carolina are the beautiful and attractive resorts of Asheville, Black Mountain, Hendersonville, Brevard, Lake Toxaway, Saluda, Waynesville, (Lake Junaluska), Flat Rock, Hot Springs, and Tryon. Spend your vacation at one of these cool and delightful places or at Tate Spring, Tenn. Round trip Excursion tickets are on sale daily, good until October 31st, via

Special denominational Missionary and Bible Conferences at Black Mountain, Ridge Creek and Waynesville, N. C. (Lake Junaluska.)



**SOUTHERN RAILWAY**  
Faster Carrier of the South



Stop-overs allowed at all points. Three special Low Fare Excursions will be run during the summer. Ask for details. For full information see Ticket Agent, Southern Railway, or write B. H. Todd, District Passenger Agent, Louisville, Kentucky.